



Employee Assistance Program (EAP)

Support when you need it, for work, life and everything in between

From 1 May, Skillset's EAP provider will transition from Converge to Lifeline. This new partnership reflects our commitment to working with a trusted, local organisation that supports our people across the regions we work in.

Lifeline EAP provides a broad range of confidential support services for all employees including:

- Counselling, mental health social work and psychology
- Financial counselling and problem gambling support
- Manager support counselling
- Access to a comprehensive wellbeing and mental health resource library
- Mental health and suicide prevention training and workshops
- Resilience and wellbeing workshops
- Organisational and wellbeing surveys
- Key staff gatekeeper training and support
- Building trust and awareness of EAP benefits
- Educational training modules including toolbox talks, workplace wellbeing and resilience, accidental counsellor training, managing challenging interactions, and DV-alert and domestic violence awareness.

Scan the QR code to access support



We encourage everyone to make use of the EAP whenever support is needed. If you have any questions or concerns, please reach out to Skillset's People & Culture team at peopleculture@skillset.com.au